

*Pray, Sing,
Dance and Play
With Us*



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Our Prayers

An ancient art

Prayer is a divine interchange, a raising of awareness, allowing the light of God to flow in us and through us to our world.

Prayers as *decrees*

In this booklet, many of our prayers are composed as *decrees*—poetic, rhythmic and rhyming—meant to be spoken aloud and also sung. The focused, heartfelt offering of decrees intensifies love within our hearts and allows us to emanate light from our chakras and auras. Like ancient mantras of the East, the transmutative effects of decrees can be more intense than that of conventional prayer as long as we give them with devotion and intention. Conversational prayer and silent meditation are also essential ways to commune with our Source. Talking to God as to a beloved earthly friend develops a relationship with the divine so vital to our spiritual growth, expanding our receptivity to the Creator's immense power and love for us. Meditation offers our souls the opportunity to listen to the voice of God within and receive the daily spiritual nourishment we require.

Preamble and closing

Decrees often begin with a preamble, which invokes our own God Presence—also known as our Solar Presence—the ascended masters, archangels, cosmic beings, Elohim and elemental life. (See “Prayers and Songs” under “Media Center” on our website for preamble examples.) The invocation of these sacred names draws the Presence of each member of our family in heaven, adding their momentum to our own. Many decrees end with a closing, affirming our acceptance and the anchoring of heaven's light in the physical plane with specificity. When giving several decrees in succession, it is fine to offer one preamble and one closing.

Experiment with our decrees daily and feel a gradual acceleration of light in your being as you experience a new you!



The Gift of Love

To the Elohim Heros and Amora

Lo, the star of heaven's love raising all on earth to realms above—
Now the holy light of God is come, bringing us his gift of love.

(Interlude)

Angels sing with Elohim from the fount of love eternally,
And their song can still the raging sea—gifts of love and harmony.

All souls aspire to be free and loved—dreams and hopes of a new day.
Now angels come to raise us up, op'ning the gates to heaven's light.

All forgiven, comes the dawn of a hopeful heart and joyful song.
With a prayer of peace, God's Holy Dove brings to us his gift of love—

(Interlude)

Bringing all his gift of love.

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Music and Lyrics by Robert Resetar.

I AM the Magnanimous Heart

I AM Magnanimous, a heart of flaming love,
A fiery, glowing heart, a sacred treasure trove.
I AM Magnanimous, a heart of gracious love,
Lanello's kindred heart as gentle as a dove.

Chorus

I glorify the Lord in reverent sanctity.
I AM the Sacred Word. I AM the Sacred Word.
I magnify the Lord in reverent sanctity.
I AM the Sacred Word. I AM the Sacred Word.

I AM Magnanimous, a heart of cosmic love,
A vibrant, pulsing heart that raises all above.
I AM Magnanimous, a heart of winsome love,
A true and noble heart that blazes from above.

I AM Magnanimous, a heart of present love,
Lanello's beating heart that blazes from above.
I AM Magnanimous, a heart of cosmic love,
A vibrant, pulsing heart that raises all above.

Short Tube of Light

0.005

(to be sung)

Beloved I AM love divine,
Blaze your light, around me shine.
Cosmic secret rays of fire
Pulsing, flowing, you inspire.

My Solar Presence (3x) lives right where I AM.

Violet joy now smile through me,
Raise me up and set me free.
Singing, spinning, burning bright,
Grace me in your mercy light.

My Solar Presence (3x) lives right where I AM.

Prayer of Consecration As You Rise Each Morning

0.006

O God, I consecrate every moment, every waking moment of my life anew to you this day in service, in joy and in love. I enter the sacred space of your light even as I ask you, O God, to enter my heart to love with a new and holy love this day.

Through my life offered unto you, O Lord, live and move and have your being through me. Live and emanate and experience the creation through me, your co-creative son or daughter, O Lord, for I know that the creation is good, for you have said that it is so. And if the creation is good, O God, then that which I offer this day will also be honorable and acceptable in your sight because your life, your love, lives within me.

O Lord, I thank you for this opportunity to live a consecrated life for humanity and to continue in the way of loving until all life is ascended in the light and wholly free. I thank you.

Magda's Mantra: **Crystal Diamond of Light**

9.009

I live and move and have my being
in a living, liquid, crystal diamond of light.

Come, O Holy Love

Om Mani Padme Hum AUM

1. Come, O love, O holy love, unto our hearts we pray;
 Sanctify and glorify each child of light this day.
 Beauty of the sacred heart, impart your ruby fire;
 Purge us of all ancient darkness and impure desire.

Refrain: Heros and Amora, come with Chamuel, Charity;
 Radiant love of Paul divine, we now implore of thee.
 Nada's presence in our hearts with Rose of Light so fair,
 Intelling essence, joyous love as roses fill the air.

2. Venus, gracious mother dear, Sanat Kumara blest,
 With bodhisattvas, Buddhas, too, in holy garments dressed—
 Wing your way to every heart. Within compassion grows.
 A river of eternal grace to Earth from Venus flows.
3. Come O love, O holy love, unto our world we pray.
 Sanctify and glorify our souls in God this day.
 Beauty of the sacred heart, release your ruby fire.
 Raise us now in holy love; impart your pure desire.

Om Mani Padme Hum AUM

The Ha-llelujah Song

When I think of all the blessings flowing from the throne of heaven,
I'm beside myself with ecstasy.
Virtues, graces raying through me, beams of love that just transform me—
I'm about to overflow with glee!

Chorus

**And I say, “Ha-ha-ha-ha-llelujah, ha-ha-ha-ha-llelujah,
Ha-ha-ha-ha-llelujah, Ha!
Yes, I say, “Ha-ha-ha-ha-llelujah, ha-ha-ha-ha-llelujah,
Ha-ha-ha-ha-llelujah. Ha!**

Father, Mother, Holy Spirit, Brothers, Sisters here to help me;
I will always know communion sweet.
Holy Family—I'm a member! And their love for me is tender,
Everlasting, making me complete!

Chorus

When a dark thought or sad feeling sends my joy and victr'y reeling,
I know what to do, for I've been taught!
These hallucinations unreal disappear the minute I feel
Holy Spirit laughter bubbling up!

Chorus

So my brother, know that you're an heir to heaven's wealth and glory.
There are only miracles in sight.
O my sister, do not worry. Co-create now, call to heaven.
What a team! In Oneness all is right!

Chorus

Ending: Ha-ha-ha-ha (3x). Ha-lle-lu-jah. Ha!

The Heart's Song

When I wake each day and begin to pray
I can hear the angels sing
And their words of comfort cleanse my soul
With their essence so sublime.

When their light is near I begin to hear
Whispers of the Lamb of God
And His words are honey to my soul
With their essence so refined.


And my spirit yearns for freedom
From the ties that bind me here
For my seamless garment waits for me
In realms of light so near.

And my heart does burst in a psalm of love
For the grace he came to share with us.
And I know my life is complete in His
In His Presence so divine.

And the hour has come for freedom
From the errors of the past
For my crown of victory waits for me
In realms of light so vast.

When I wake each day and begin to pray
I can hear the angels sing
And their words of comfort cleanse my soul
With their essence so sublime.

When their light is near I begin to hear
Whispers of the Lamb of God
And His words are honey to my soul
With their essence so divine.



I accept the gifts of the Holy Spirit this day.
I accept the Presence of the Holy Spirit in my life.
I will use the gifts of the Holy Spirit wisely.
With Lanello I AM enfiend in God.
The Holy Spirit is my sure defense.
The Holy Spirit is my magnanimous offense.
I AM the Holy Spirit where I AM.
The Holy Spirit sings as pure joy within me.
The Holy Spirit *spins* as pure joy within me.
I AM the Holy Spirit's Presence unto all.
Witnessing to the Holy Spirit is my reason for being.
I can do all things by the power of the Holy Spirit.
The gifts of the Holy Spirit are mine to employ right here,
right now.
My life will never be the same, for the Holy Spirit lives
within me.
By the power of rainbow love, I AM gifting all souls
with the Holy Spirit's *amour*.
I AM free to be the Holy Spirit's creativity today.
I AM joyful in the Spirit divine.
The Holy Spirit who I AM knows no boundaries.
I AM omnipresent in the Holy Spirit's flow.
In radiant grace the Holy Spirit smiles through me.
I AM empowered, just as Jesus and John are, by the love
of the Holy Spirit.
I AM THAT I AM the Holy Spirit.

Dona Nobis Pacem

To the Elohim Peace and Aloha

Dona Nobis Pacem, Pax Aeterna (3x)

Pacem in Terris, In Terra Pax

One in God's Peace, One in God's Love, One in God's Harmony
All hearts now raise, singing His praise, Peaceful in Unity

One God Almighty, Lord of Creation, One God Eternally

One in God's Peace, One in God's Love, One in God's Harmony
All hearts now raise, singing His praise, peaceful in Unity

Dona Nobis Pacem, Pax Aeterna (2x)

Pax Aeterna, Aeterna

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60.006

Bless Each Soul

Om Mani Padme Hum AUM

Bless each soul, O Jesus dear. Bless each soul, O master near.
Hold her in your golden flame. Bless her with your sacred name.

Bless each soul, O Mary dear. Bless each soul, O master near.
Hold her in your healing light. Bless her with your radiance bright.

Bless each soul, O Joseph dear. Bless each soul, O master near.
Hold her in your freedom flame. Bless her in God's I AM name.

Bless each soul, O Morya dear. Bless each soul, O master near.
Hold her in God's will so pure. Bless her with your Presence sure.

Bless each soul, Kuthumi dear. Bless each soul, O master near.
Hold her in your halo sweet. Bless her with your auric heat.

Bless each soul, O Djwal Kul dear. Bless each soul, O master near.
Hold her in compassion's fire. Bless her with your sweet desire.

Om Mani Padme Hum AUM

Om Mani Padme Hum AUM

1. O precious fragrance wafting high on fiery wings of love,
The archeiai's anointing showered from the realms above,
A blessing pure and holy flows to hearts inclined to thee,
Bestowal of Venusian grace to all who would be free.

Refrain: O Faith, Christine and Charity
With Hope, Aurora near;
O blessed Mary, Amethyst,
We feel your presence here.

Now raise the Mother Light in us,
Release the sacred flow
As we commune with conscious love
In your eternal glow.

2. O archeiai, now we would be your heart, your head, your hand
Dispensing grace upon the Earth to every race and land.
Increase in us awareness of God's presence everywhere
As we employ your cosmic joy, your tender loving care.

Prayer of Saint Francis

60.002

Lord,
Make me an instrument of thy peace.
Where there is hatred, let me sow love.
Where there is injury, pardon.
Where there is doubt, faith.
Where there is despair, hope.
Where there is darkness, light.
And where there is sadness, joy.

O Divine Master,
Grant that I may not so much
Seek to be consoled as to console.
To be understood as to understand.
To be loved as to love.
For it is in giving that we receive.
It is in pardoning that we are pardoned.
And it is in dying that we are born to eternal Life.

Hercules, Descend!

Chorus #1

Hercules, descend! Hercules, descend!
Elohim of cosmic blue-fire light.
Hercules, defend! Hercules, defend!
Seal us in your aura shining bright.

Lock the earth now in your embrace. Holy radiance in her now raise.

Repeat Chorus #1

Refrain: (Spoken)

*Twin-flame pillars anchor here now deep within the earth,
Protecting life upon our globe in reverent new birth.
Dear Amazonia now comes with crystal-diamond shield,
Defending every child of God in cosmic lightning sealed.*

Chorus #2

Hercules, descend! Hercules, descend!
Power protecting sentient life.
Hercules, defend! Hercules, defend!
Transforming fear and healing strife.

Diamond rays sealing us in grace. Cosmic mast'ry of time and space.

Repeat Chorus #2

Repeat Refrain (Spoken)

Chorus #3

Hercules, descend! Hercules, descend!
Come and wield your lightning rod.
Hercules, defend! Hercules, defend!
Everyone's right to walk with God.

Lock our souls now in your embrace. Holy radiance in us now raise.

Repeat Chorus #3

Repeat Refrain (Spoken)

Final Chorus

Hercules, descend! Hercules, descend!
Elohim of cosmic blue-fire light.
Hercules, defend! Hercules, defend!
Seal us in your aura shining bright.
Hercules, descend ... NOW!

Om Mani Padme Hum Aum

The rhythm of the soul I sense, a six-eight pulsing beat.
As violet fire swirls all about, I feel its blazing heat—
A dancing, singing, spinning flame that weaves a joyous chord;
A cosmic melody of love intoned as sacred word.



Refrain

I live and move in Afra's heart;
His rhythm guides my soul.
In sweet communion
with his spirit,
I AM now made
whole.

His graciousness and savoir faire,
True brotherhood he knows.
Rekindling all within that's pure,
My flaming heart now grows.
His perfect tact, diplomacy
And tenderness I see.
His love inspires my quest for
Freedom, cosmic liberty.

United for a holy purpose,
All his chelas see
That Africa may live as one
In perfect harmony.
Our voices rise in rhythmic chant,
With Afra's aura merge;
Arcturus' dancing violet fire,
We feel its cosmic surge.

O Lord, send to us the presence of the captain of your hosts and defender of the faithful, Archangel Michael, with his legions of blue angels this day. Protect us, our loved ones and all heartfriends as we travel to and from work, school, shopping, play and all other activities. Seal the unborn, their mothers-to-be and all children and youth in circles and spheres of blue light this day. Rescue those in distress, heal those who are ill and give hope to those who are depressed or in need of a spiritual boost today.

O Prince of the Archangels, strengthen and support all those who serve to protect our nation and assist its peoples, including all security guards, police, sheriffs and their deputies, detectives, firefighters, EMTs, first responders, rescue workers, flight attendants, airline security, port authority, secret service; highway, civil air and border patrol personnel, military servicemen and women in all branches of service (marines, air force, navy, army and coast guard) and all Good Samaritans. In God's name we pray:

Dear Michael, Archangel, we call unto you.
Protect us, defend us, in circles of blue!

Refrain: **Blaze blue power, protection, direction and might,
The will to keep on in the battle of light.
Transcendent blue lightning, now help us today.
Seal us in your heavenly armor we pray!**

Dear Michael, Archangel, your legions descend.
Cut free every soul, on you we depend!

Dear Michael, Archangel, infuse us with love
To meet every challenge with light from above!

Coda: I AM in your armor of blue flame now dressed!
I AM in your aura of light fully blessed! (3x)

In the fullness of your radiant joy, we accept this prayer manifest here and now according to God's holy will, wisdom and love and manifest everywhere upon earth for the salvation of every soul! Amen.

In the name of Archangel Michael and Faith, I pray:

Shield of Faith before, behind,
Protect my body, soul and mind!
To the right, to the left and 'round my being,
Let choirs of Faith and Michael sing
And cosmic bells of victory ring!

Shield of Faith above, below,
Let blue-flame angels 'round me glow.
To the right, to the left and all about,
Let choirs of Faith and Michael shout,
Their love now win and darkness rout!

This prayer is used in HeartSong #126.

I AM God-Free!**10.020**
(70.022)

Om Mani Padme Hum AUM

1. Obedient to holy will, true blue in every way,
I stand with Saint Germain and Portia, always in the fray.
Their word is my command for I AM at their beck and call
As freedom's legions guard me through each battle
standing tall.

Refrain: God-free I AM. I AM God-free,
My Higher Self to be.
God-free I AM. I AM God-free,
A blazing sun to be!

2. I wield the sacred sword and spear, intone each holy sound.
His golden-jeweled breastplate wear, pure radiance
all around.
The good Lord is my Shepherd; I shall never want nor fear.
His angel armies guard me; I can feel their presence here.
3. I'm stalwart, brave, courageous, and each test I meet
with joy.
I leap at every challenge so God's love I may employ.
For I believe in miracles as I'm attuned and pure.
Through humble service, holiness, my victory is sure!

Prayer to Arcturus

Blessed Elohim, let Thy light now stream.
Fill each heart with love and violet flame;
God's victory we claim.

O Arcturus dear, cast away all fear.
With Thy rays of love and violet flame
Let freedom reign.

Purify, transmute us;
Sanctify, renew us.

Hail, Victoria dear. Holy flame draw near.
Fill this world with love and violet flame;
Bring peace again.

Blessed Elohim, let Thy light now stream;
Fill each soul with love and violet flame.

And teach us all to know
How precious is each soul
In heaven's eyes.

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Spin in the Violet Flame!

Elementals, laugh and sing! (3x) Spin in the violet flame!

Chorus

Spin, spin, violet flame! (3x)
Spin in the violet flame!

Gnomes of the earth, jump and run! (3x) Spin in the violet flame!

Sylphs of the air, dance and fly! (3x) Spin in the violet flame!

Undines, swim high and low! (3x) Spin in the violet flame!

Fiery salamanders, blaze, blaze, blaze! (3x) Spin in the violet flame!

Raise the Earth in Sacred Fire! 
To the Great Divine Director

70.001
(10.004)

Om Mani Padme Hum AUM

1. Divine Director, cosmic being of blue-flame energy,
Wrap the Earth in sacred fire, we now implore of thee.
Sustain protection for all life upon this blessed Earth,
And seal it in God's blazing light; we see a great rebirth.

Refrain: Raise the Earth in sacred fire—
Divine Director's one desire.
Cleanse our world from errors past
'Til every soul is free at last!

2. Our evolutions raise unto a golden age now come,
And right the axis of our globe 'til it does spin and hum.
We see a renaissance of light and victory for each soul.
We will not rest until all know that freedom is our goal!
3. Teacher of our Saint Germain and blessed Portia dear,
Inspire our youth to know Their love, to conquer doubt and fear.
Your alchemy now activate; we pledge this day to start,
'Til violet fire is blazing bright in every home and heart!

Wash the Earth in Violet Fire! 
by Beloved Holy Amethyst

70.002

I pray for the washing, cleansing, spinning, raising and sealing of the Earth and its evolutions this day with the violet fire, magnified and accelerated by Maximus for the transmutation of all karma, burden, suffering and substance that opposes the dawning of the great golden age of Aquarius, the coming of Lord Maitreya and his retinue to the Earth and the victory of The Hearts Center and all light-bearers this day.

Wash the Earth in violet fire*! (4x)
Cleanse the Earth in violet fire! (4x)
Spin the Earth in violet fire! (4x)
Raise the Earth in violet fire! (4x)
Seal the Earth in violet fire! (4x)

Repeat the above sequence 3x, 9x or 33x.

*You may substitute the words "mercy light" in place of the words "violet fire."

You may also substitute the words "the Earth" with other appropriate words. Suggestions: my chakras, our children, the youth, our homes, our work, our schools, our Hearts Centers, our government, our president, our judges, our leaders, our lawmakers, the media, the elementals, the universe. You may use this for all states, countries and continents.

I AM the Freedom Flame!

Invoking violet light each day wipes all my bodies clean;
My thoughts, emotions, words and deeds are balanced and pristine.

Chorus

For I AM joy and I set free electrons back to victory.

I AM the freedom flame!

I blaze transmuting trails of fire through bodies, souls, and minds...

I spin, I spin, I spin, I spin ...

The violet fire ignites a joy, sparks flames of freedom's chi,
Repolarizes all intent not tuned to God's love key.

The violet flames raise frequencies in every living cell
Of you and me, communities, society as well.

The alchemy of violet fire transforms our lives and plans;
This science lightens up the soul. Enjoy this cosmic dance!

HeartSong #99 – Copyright © 2007 Maria Min. Melody: Dutch folk song "Komt, Vrienden, in het Ronde."

To the Elementals

We thank you, we thank you, we thank you,
Our dear elementals, we do.

You serve through earth, air, fire and water.
Oh, what would we do without you?

**Blessed Buddhas, bless all elementals—the great, the small.
Blessed Buddhas, through them give your blessings to all!**

We thank you for holding the balance.
We know of your strain and your stress.
Receive through us violet flame muscle.
Together all life we'll caress.

**Blessed Buddhas, help all elementals—the great, the small.
Gird them! Charge them, that they may great karma forestall!**

How few know of our elementals.
How few recognize all they do!
But we know and we say, "We love you!"
Some day all the world will know, too!

**Blessed Buddhas, may all elementals, in Jesus' name,
Feel their new birth ignite as their own threefold flame!**

HeartSong #19 – Copyright © 2006 Carol Wells/Tucker Rogers. Melody: "My Bonnie."



Elemental Joy

by Beloved Jasmine

70.005

Om Mani Padme Hum AUM

1. Joyously the gnomes arrive with salamanders, sylphs.
Undines swim in crystal pools, nature's vibrant wealth.

Refrain:

Blaze and blaze the violet fire through earth and sea and sky.
Cleanse all nature in its fire as pure electrons fly.

2. Elementals, joyous ones, violet fire's the key;
Earning threefold flame, you will know your victory.
3. Join us every time we pray, we remember to
Call to cosmic forces four to overshadow you.
4. Aries and Oromasis, Neptune, Virgo, too,
Thor, Luara, dear Pelleur, Diana, we love you.
5. Elementals, play with us, sing and dance around.
Elementals, pray with us with your joyous sound.
6. Violet fire is blazing now, filling hill and dell.
Elementals gather round; see its glory swell.
7. Feel our gratitude for you in this happy prayer.
Mantras sweet we hum to you with tender loving care.

Save the Elementals

70.006

Save* the elementals all! Earth, water, air and fire.
Save the elementals all! Through heaven's pure desire.
Save the elementals all! Pollution now consume.
Save the elementals all! Protect all life in bloom.
Save the elementals all! Their habitats protect.
Save the elementals all! A dome of light erect.
Save the elementals all! Gnome, sylph and salamander.
Save the elementals all! And undines in the water.
Save the elementals all! Seal all in mercy flame.
Save the elementals all! Their victory proclaim.
Save the elementals all! Each forest, park and arbor.
Save the elementals all! Each ocean, sea and harbor.
Save the elementals all! Our Mother Earth we love.
Save the elementals all! By heaven's grace above.

*You may substitute the following words in place of the word "save": free, protect, love, heal, raise, bless, seal.

I AM appropriating the alchemical fires of the Holy Spirit.

God is revealing to me the mysteries of the use of divine light.

I AM entering a new understanding of the sacred fire and of the alchemical formulae of fohatic change.

I AM wielding a great light to meet head-on the cataclysmic changes occurring upon Earth.

I AM walking and conversing with God daily.

I AM actively focusing the light of cosmic freedom in the here and now!

I AM understanding the cosmic momentum of the solar frequencies through the crystal of Self to accelerate me into divine gnosis.

I AM assimilating through love the stellar light and the solar light as an adept of the Spirit on behalf of all mankind.

I AM receiving and accepting a new investiture of holy light within my sacred centers.

My chakras are vessels of cosmic consciousness through which the Elohim may charge forth their light day or night.

I AM a mirror for God, a cosmic prism and emitter of all that is pure and real from my Sun-source.

I AM actively extending divine currents of all that is good and beautiful in the world.

I breathe the pranic light in and out as a stream of pure love.

I AM accepting my mission to do as Jesus did on behalf of the evolutions of this world.

With Saint Germain, I AM a cosmic alchemist and I AM an arbiter of my divine destiny.

I release myself from the grip of self-idolatry and accept the spirit of cosmic transmutation this day!

I AM the light of the Holy City within me as I receive anew the Holy Spirit this day.

I AM moving forward in perfect love, which is the key to all alchemy.

I AM the living light of cosmic freedom!

Saint Germain, the Beautiful

O Saint Germain, blessed Saint Germain,
We pledge this life to you.
Your destiny, to set men free,
We vow to help you do.
We are the I AM race, God's sons.
America, God's land.
This precious earth we came to save.
With you fore'er we stand.



HeartSong #40

Copyright © 2003 Carol Wells. Melody: "America, the Beautiful."

O Freedom Flame! by Beloved Saint Germain

70.011

Om Mani Padme Hum AUM

1. O God of Freedom, Saint Germain, O Lord of seventh ray,
Let mercy flow and justice reign upon the Earth today!
We hear your angels' holy song now wafting from above.
The violet light is blazing bright through hearts afire with love!

Refrain: O freedom flame, we now acclaim forgiveness' gentle way.
O violet joy, we now employ your alchemy this day!

2. O Saint Germain and Portia dear, today we take a stand.
Let cosmic mercy-love-compassion flow throughout the land!
A golden age is dawning now and freedom is our goal.
O blaze the violet fire to all, to every heart and soul!
3. O Saint Germain and Portia dear, the seventh age is here.
Magnificence of violet fire in action now appear!
Forgiveness-mercy-freedom-justice flow in our rebirth.
Release the flame of transmutation unto all on Earth!

Om Mani Padme Hum AUM

Afra's Spirit of Brotherhood

O beloved Afra, we entreat thee
For the Brotherhood all Masters share,
And the endowment of sublime felicity
For the Motherland of Africa.
May the fires of the Holy Spirit from your heart, beloved, please impel
The resolution of all conflicts
In all lands where your people dwell.

**We are victorious ones in Afra's flaming heart.
Now Arcturus' violet fire to all impart.
May the Blue and Violet Races emerge for a brand new start,
In Afra's Spirit of Brotherhood!**

O beloved Afra, we extol thee
And the banner of Brotherhood you bear.
Unfed flame, scepter of fire expanding raptly
In the service of Afrans everywhere.
We will go where we are needed, in finer body or physical as well.
With violet fire on our right hand,
Blue flame on the left—disunity dispel!

**We are victorious ones in Afra's flaming heart.
Now Arcturus' violet fire to all impart.
May all races on Terra unite with a flaming heart,
In Afra's Spirit of Brotherhood!**

O beloved Afra's chelas are we,
Radiating brotherhood throughout
The four lower bodies of beloved Terra.
Stupendous fires consume all fear and doubt.
As Afra's people master momentums of the past,
The radiant splendours of their
Divine plan shall emerge at last.

**We are victorious ones in Afra's flaming heart.
Now Arcturus' violet fire to all impart.
May enthralled angels watch as we all play our part
In Afra's Spirit of Brotherhood!**

O Afra, Blaze through Us!

70.019
(10.019)

Om Mani Padme Hum Aum

1. O blaze through us, blest Afra dear,
Great streams of brotherhood,
To quicken mankind's hearts with love,
To resurrect the good.
Impart engrams of sacred fire
Through heart and head and hand.
O blessed Micah, unify us
All throughout the land.

Refrain: Now blaze through us
Your violet-laser light, O Afra dear.
Renew the hearts of all mankind—
God's Presence we revere.

2. O make us masters, Afra,
Of the flame you bear so well.
Now charge the atoms of the Earth,
That they may spin and swell.
With violet-laser light transmuting
Mankind's hate, O Lord,
Dissolve, consume forever
All disease and past discord.
3. We thank you, blessed Afra,
For the love you now bestow.
Through violet, pink and purple hue,
Our atoms spin and glow.
Consume momentums that impede
The flow of cosmic joy.
This is the alchemy that we
With Saint Germain employ.

Om Mani Padme Hum AUM



Holy Christ/Buddha Self in me, hear me now, I do decree.
Let violet fire of freedom roll 'round the world to make all whole.

Saturate the air, the sea, the land at Saint Germain's divine command.
Let wisdom reign, God-power grow, let love prevail and mercy flow.

Let war now cease and evil bind. Reveal the truth to all mankind.
Compel all leaders to be just, for liberty is now a must.

Defuse all plots; expose all lies. Let Portia rule and justice rise.
Now Zadkiel and Amethyst, consume all darkness, East and West.

May anarchy and terror fail, God-government and hope prevail.
O violet fire of Omri-Tas, now blaze with blest Oromasis.

O masters, angels, now appear! We see perfection everywhere.
We pray with you, both near and far, 'til Earth becomes the Freedom Star.

Om Mani Padme Hum AUM



I AM a being of violet-laser light.
I AM soul freedom in God's mercy light!

Saint Germain's Violet-Fire Mantra  **70.017**

I AM a being of cosmic violet fire.
I AM the holy freedom God desires!

I AM Forgiveness  **70.070**
Seventy-Times-Seven

Om Mani Padme Hum AUM

1. I AM forgiveness* everywhere, seventy-times-seven.
I AM forgiveness' tender care, acting as a leaven.
2. I AM forgiveness to each one whom I serve with love.
I AM forgiveness' violet sun, mercy from above.
3. I AM forgiveness' true envoy, sharing cosmic grace.
I AM forgiveness' perfect joy, hallowing all space.
4. I AM forgiveness acting here, in the Presence bright.
I AM forgiveness' perfect cheer, making all things light.
5. I AM forgiveness' gentle way, now conveyed with mirth.
I AM forgiveness come to stay everywhere on Earth.
6. I AM forgiveness for each son, daughter of the Lord.
I AM forgiveness ever won by the sacred Word.
7. I AM forgiveness every hour, seventy-times-seven.
I AM forgiveness' radiant power, raising all to heaven.

Om Mani Padme Hum AUM

*You may substitute the following words in place of the word "forgiveness": mercy, compassion, forbearance, patience, grace, love, temperance, humility, meekness, long suffering, cosmic joy, tenderness, diplomacy, blamelessness, wholeness, healing, perfection.

Ode to Cyclopea and Virginia

I AM the dreamer and the dream;
I AM the seer and the seen,
One hundred million stars and more, a-shining in between.

I AM creation's shining hues,
Great glowing greens and sparkling blues.
Millions of faces, places in time are mine and yours to choose.

Holiness unto the Lord! (4x)

Fill every soul with holiness, unto the Lord.

I AM the vision of grand design
Above all worlds and yet in time.
Ancient transcendent harmonies sing of light sublime.

As in a dream each form descends
From Elohim, our heav'nly friends.
New earth, new heaven ever expand
With love that never ends, in love that never ends.

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Music by Robert Resetar. Lyrics by Tom Miller.

50.022

Abundance Affirmations

I AM golden liquid light
in my hands and use today!
God's abundance ever flowing,
cosmic blessings here to stay!¹

I AM come that all might have life
and that more abundantly!

The Earth is the Lord's
and the fullness thereof!²

I claim the alchemy of abundance
from my causal body now!

1. John 10:10, King James Version, Scofield Ed.

2. Psalms 24:1, 1st Corinthians 10:26, King James Version, Scofield Ed.
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The Magnificat: The Song of Mary

50.021

My soul doth magnify the Lord
and my spirit hath rejoiced in God my Saviour.
For he hath regarded the low estate
of his handmaiden.
For behold, from henceforth
all generations shall call me blessed.
For he that is mighty hath done to me
great things and holy is his name.
And his mercy is on them that fear him
from generation to generation.
He hath showed strength with his arm.
He hath scattered the proud
in the imagination of their hearts.
He hath put down the mighty from
their seats and exalted them of low degree.
He hath filled the hungry with good things
and the rich he hath sent empty away.
He hath holpen his servant Israel
in remembrance of his mercy
As he spake to our fathers, to Abraham
and to his seed forever.



Luke 1:46–55, King James Version, Scofield Ed.

Om Light, Om Love, Om Joy!

50.027

I AM light! I AM light! I AM light, light, light!
I AM love! I AM love! I AM love, love, love!
I AM joy! I AM joy! I AM joy, joy, joy!

Om light! Om love! Om joy, joy, joy!
Om light! Om love! Om joy, joy, joy!
Om light! Om love! Om joy, joy, joy!

I AM THAT I AM
I AM THAT I AM
I AM THAT I AM

50.010

Healing Light 
by Beloved Mother Mary

Om Mani Padme Hum AUM



In the name
of healing mercy,
we pray for...

Heal, O God, this soul of light. Hold her in your presence bright.
Give her strength to weather pain. Let her spirit fly again.

Heal, O God, this precious one. Hold her in a blazing sun
Of perfection, love and peace. Let all fear and darkness cease!

Heal, O God, this friend of fire. May your angels now inspire
Her to grow in patience, love. Bless her, angels, from above.

Heal, O God, this gracious one. Let her trials now be done.
Free her from this current plight. Resurrect her in the light.

Heal, O God, this spirit true. Let her cells be cleansed anew.
Help her win her victory. Raise her up and set her free.

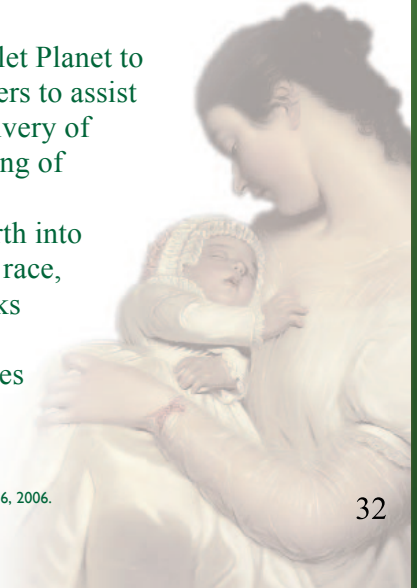
Om Mani Padme Hum AUM

I AM the Mother, All-Giving and Forgiving!

1. I AM receiving Mother Mary's presence in the secret chamber of my heart.
2. I AM a mother of healing for the Earth!
3. I AM beloved of the Mother and believe in her miracles, and therefore they shall be mine!
4. Mother Mary and I are of one spirit, one mind and one heart.
5. I AM receiving divine perfection from the Immaculate Heart of Mary.
6. I AM one with the Mother of eternal love.
7. I AM works of purity and words of kindness.
8. I AM a ray of hope. I AM the flame of purity.
9. I AM a radiant, crystal prism radiating love and all of the qualities of the white ray from the center of my heart!

I AM the Mother of All Life!

10. I AM visualizing healing rings of fire going forth from Mary's heart to every soul, honoring the Christ light with gold, frankincense and myrrh and the love borne by the Three Wise Men.
11. The hour of the Mother is come and I AM mothering life with the oil of gladness!
12. I AM sponsoring all unborn life through a greater dedication of my life, my time, my energy and my supply.
13. I AM holding a vision of establishing a home for the unwanted—receiving, nurturing and raising souls—and finding families to receive them in holiness.
14. I AM the glory of God within each little child.
15. I AM inspiring, motivating and physically intervening on behalf of children.
16. I AM calling to the legions from the Violet Planet to surround the womb of all pregnant mothers to assist them in the perfect development and delivery of the children who are coming for the raising of the earth in sacred fire.
17. I AM visualizing the violet fire going forth into the unborn children and the seventh root race, manifesting miracle light, ideas and works for mankind.
18. I AM the light of healing truth that cleaves away error and exposes the truth behind the lie of women's right to abort.



Mighty Astrea

Mighty Astrea, blest Elohim, holding to Heaven's dream,
Clearing the way to set us free.
Spirals ascending, guiding us home,
No one can come between each thankful heart and blessed Elohim.
Purity's ray surrounds us with God's will so true.
Infinite love you bring us, circle and sword of blue!
Mighty Astrea, blest Elohim, heavenly hope divine,
Bringing the pow'r of God's pure light.
All life ascending, holy and free,
No one will come between each thankful heart and blessed Elohim!
Blessed Elohim.
For your love—we give thanks to Thee.

[Echo] Mighty Astrea...Mighty Astrea...Mighty Astrea...

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40.001

I AM Purity's Love

Goddess of Purity, always be mother, friend and guide to me.
Let radiant innocence of thy heart purity's wholeness now impart.

Refrain: **I AM purity. I can be—in love, in truth, in harmony—
One who sees immaculately.**

Help me anchor greater light, my aura dazzling, holy, white.
Help me know myself as love and love all life as God above.

I see the light of God's own image shining through my eyes and visage
As the pressure of your light puts darkness, density to flight.

God's reality now seal around me and bright hope reveal.
O radiance of immortal fire, my chakras clear, my heart inspire.

Coda: Let each child know by Mercy's fires
He is the purity God desires
And every blessed mother-to-be
Be sealed in fires of purity.
Protect them, guide them, let them feel
Our essence, God's own love, is real.

I Have the Strength of Ten 
by Beloved Lanello
(In the guise of Lancelot)

40.003

Om Mani Padme Hum AUM

1. I have the strength of ten
Because my heart is pure.
Now calling righteous men*
With honor bold and sure.

Refrain: Magnanimous, my heart expands;
I see thy Holy Dove.
My every thought and word and deed
Releasing purest love.

2. I have the strength of ten
Because my mind is pure.
Enfiring all again,
God's angels always here.
3. I have the strength of ten
Because my hands are pure.
Now raising stalwart men*
To vanquish doubt and fear.
4. I have the strength of ten
Because my life is pure.
O'er mountain, stream and glen,
God's Presence ever near.

Seal Me Now in Purity 

40.004

Om Mani Padme Hum AUM

O Purity, O Purity, O Purity sublime,
O purge me now, O purge me now, O make me now divine.
Intensify the action of the circle and blue sword.
O raise me now, O raise me now, O speak thy sacred word.

Envelop me in purity, your blazing aura bright,
So all that's less than purity's consumed in thy great light.
Intensify the action of the circle and blue sword.
O seal me now in purity, O speak thy sacred word.

*The term *men* is used here to connote both men and women.

Lady Kristine's I AM Affirmations: 33 Manifestations of Beingness

I AM perfect in God.
I AM born free.
I AM the quintessence of grace.
I AM the Beloved now.
I AM in, of and always love.
I AM calm responsiveness to all challenges that may arise today.
I AM a manifestation of beauty in all I do each day.
I AM willing to be grace at all costs.
I AM moved only by the Spirit.
I AM releasing all turmoil within and embracing perfect peace.
I AM God's architect of "Nobel Gifts" of the Spirit!
I AM the nexus of graciousness.
I AM perpetual proof that God is joy by my smile and laughter.
I AM God's reason for being me.
I AM living wholly within God day and night.
I AM pristinely preened by the angels of Now-ness.
I AM alive yesterday, forever and today.
I AM freedom to be the I AM.
I AM by God's grace.
I AM a new infusion of love for all to feel.
I AM willing to behold God's face.
I AM perpetual patience in my Self.
I AM a new chord.
I AM transiting into greater joy.
I AM an icon of the can-do spirit.
I AM noble in thought, word and deed.
I AM the spirit of givingness.
I AM having fun on my spiritual path in walking the *via gloriosa*.
I AM all love to all peoples everywhere.
I AM a first responder to holy prayer as an angel of mercy.
I AM God's ongoing novena of grace to sustain all life.
I AM perfuming the cosmos with my essence of graciousness.
I AM WHY I AM!

El Morya's Great Central Sun Meditation 20.023

I AM One, I AM One, I AM One with the Sun.
I AM One, I AM One with the Great Central Sun.

God is here in my heart. I AM One with God's heart.
Light, expand through my heart.
Love, expand through my heart.
Let my aura be thine. Let my aura now shine.
O my God, I AM thine! I AM truly divine!

We are One, we are One, we are One, we are One.
We are One, we are One in the Great Central Sun.

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Hail, Elohim of Wisdom

Angels, now fill the skies. Dreamers, awake—arise.
Hail, Elohim of Wisdom, come with God's golden ray.
Light of the One, now help us become the pure mind of God.
Balance God's power and his love now with illumination.

Interlude

Hail, Elohim of Wisdom, come with God's golden ray,
Holy and true, now help us to choose the infinite mind of God.
Balance God's power and his love now with illumination.

Interlude

Hail, Elohim of Wisdom, come with God's golden ray
Now in the flame of Wisdom, dreamers, arise—awake!

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I AM the Sun!

20.001

by Beloved Helios

Om Mani Padme Hum AUM

1. Come O Sun, O golden Sun, unto our hearts we pray.
Now radiate your sacred fire upon the Earth today.
Power of the Central Sun, O magnet of delight,
Restore the blueprint of our world in pure and golden light!

Refrain: I AM the Sun, I AM the Sun, I hold the sacred rod.
I AM the Sun, I AM the Sun, a blazing Son of God.

2. Come O light, O golden light, now cleanse the Earth in fire.
Helios and Vesta, come, impart your pure desire.
Wisdom of the Central Sun, O magnet of delight,
Restore the knowledge of our God, the Solar Presence bright!
3. Come O God, O Sun of God, our solar plexus raise.
Transmute the cause and core of fear; now let each heart
give praise.
Love fire of the Central Sun, O magnet of delight,
Restore compassion for all life in pink and golden light!

I AM the Lightning Mind of God

20.011

I AM the lightning mind of God.
My thoughts are quick, I never plod,
I spark and leap, I blaze and flash.
The past I don't revolve, rehash.

The mind of God is a beautiful thing;
It glows and flows—an eternal spring.
My harmonies help the angels sing.
God's blessed thoughts to all I bring.

O, I AM here and I AM there
And I AM really everywhere.
Yes, I AM quick and I AM nimble.
The winged Mercury is my symbol.

I swish and blaze, penetrate and raise.
For all I AM, give God the praise!
Caduceus glow, caduceus grow.
God's greatest thoughts on all bestow!

Om Mani Padme Hum AUM

O Maitreya, beloved Buddha, your compassion grows,
 Resplendent one in whom the light of loving-kindness flows.
 With each outbreath the world you bless with mercy
 from your heart,
 And from your mind the golden sun of wisdom you impart.

I AM the light of loving-kindness, Maitreya Maitri.
 I AM the sun of golden wisdom, Maitreya Maitri.

O Cosmic Christ, Gautama's heir, the world awaits your feet.
 For only when you come will Earth's divine plan be complete:
 An age of golden pink where all are honored with true love.
 Now bless each beating heart with your compassion from above.

I AM the peace of loving-kindness, Maitreya Maitri.
 I AM the flow of cosmic wisdom, Maitreya Maitri.

O laughing Buddha from the East, your *tertons** gather now
 To sound the AUM, intone the sacred mantras of the Tao.
 We enter your great lotus heart, a pink and golden sphere.
 We now embrace your radiance; we feel your presence here.

I AM the glow of loving-kindness, Maitreya Maitri.
 I AM the fire of cosmic wisdom, Maitreya Maitri.

Om Mani Padme Hum AUM

**terton*: in Tibetan Buddhism, one who can reveal hidden treasures (sacred teachings)

Great Central Sun, We Praise!

O great God-Presence, source of life eternal,
O heart of wisdom, O light supernal,

To you we sing now, Holy I AM Presence,
O threefold flame sublime, we feel your essence.

**O light of Helios, come forth this hour.
Enfold God's children with wisdom's power.
Transform, release, the Earth raise.
Great Central Sun, we sing Thy praise.**

O Solar Presence, sun of life eternal,
O source of God-love, of joy supernal,

To you we bow now, Holy One in rev'rence.
As angels sing with us, we feel your Presence.

**O Vesta, come dear, blaze forth your love.
Now raise all children, to realms above.
Transform, inspire, our Earth raise.
Great Central Sun, we sing Thy praise.**

O Father-Mother, flaming One eternal,
O fount of glory, of faith supernal,

To you we kneel now, Holy One, God-Presence
As hosts of light divine heartstream your essence.

**O blazing love fires, we sing of Thee.
Now purge our souls here, and set us free!
Transmute, redeem, the Earth raise.
Great Central Sun, your name we praise!**



**Holding the Immaculate Concept
with the Great Silent Watchers, the Five Dhyani Buddhas
and Their Cosmic Cohorts**

Om Mani Padme Hum AUM

I AM holding *absolute bodhicitta* for all sentient beings through the immaculate concept of each one as already perfect—fully accepting, attaining and resting in their own Buddha nature.

Om Mani Padme Hum AUM

By the Power, Wisdom and Love of the Great Silent Watchers, the Five Dhyani Buddhas and their Cosmic Cohorts, I AM the Perfections of Alms, Precepts, Renunciation, Wisdom, Courage, Patience, Truth, Resolution, Good Will and Indifference within my awareness through conscious Presence on behalf of all.

Om Mani Padme Hum AUM

All dual-eyed seeing, hearing, smelling, tasting and feeling now dissolve into the singular sensing of the Immaculate Concept of the Great Silent Watchers, the Five Dhyani Buddhas and their Cosmic Cohorts. I AM immaculate seeing, hearing, smelling, tasting and feeling. I AM the Buddha nature of all sentient beings.

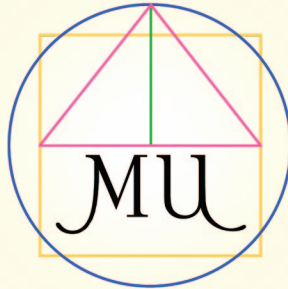
Om Mani Padme Hum AUM

I AM the light of the Great Silent Watchers where I AM. I AM the light of the Five Dhyani Buddhas and their Cosmic Cohorts where I AM. I AM THAT I AM.

Om Mani Padme Hum AUM

About Us

Our website: Visit us at www.theheartscenter.org. Hear and read the words of the ascended masters for you for today. Join heartfriends in virtual and onsite prayer services and events happening around the world. Visit our media center to see HeartStream videos, teachings videos and prayer visualization slide shows. Go to our introductory teachings section, make a prayer request, engage in our forum.



Meru University

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Heartshare: Participate in free teleconferences where information on various ascended master topics is shared and lively discussion encouraged. Listen to past classes and get in on the next one! Go to “Events” on our menu bar to find out more.

Pilgrimages: Travel to places around the world with heartfriends at the behest of the ascended masters to bring the light of God to these areas through our prayers and songs, our joy and harmony, our loving contact with brothers and sisters there, blessing the land under our feet and all we see.

Our Hearts Center Community provides many ways for you to shine your light! Come and pray, sing, dance and play with us!